ROBIN DAVIES

USING INCLUSIVE LANGUAGE AND SPEAKING UP



Overview

The way we communicate and respond to others shapes workplace culture every day. Inclusive language, respectful behaviours, and a willingness to speak up help create an environment where everyone feels valued, respected and included.

In this practical and engaging session, participants will build confidence to use inclusive language, respond to non-inclusive behaviours, and be effective allies to others at work.

The course covers

Why inclusive language matters and the impact that microaggressions have on people and culture.

How to recognise, challenge and respond to non-inclusive behaviours in a respectful way.

The importance of speaking up when you see or hear behaviours or actions that hurt or exclude others.

Practical tools and everyday actions that help create a culture of respect, inclusion and belonging.

Real-world case studies to prompt reflection and explore responses to common workplace situations.

Details

- 3 hours duration, face to face or online
- Up to 15 people per session
- Key takeaway: A5 handout or online version of inclusion tips and a great conversation tool
- Includes an planning meeting of up to one hour to understand your organisation and the attendees

Suggested attendees

Team members

Leaders

Senior leaders

HR team members

Everyone in your organisation!



Please contact me to discuss running this training course in your workplace

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