

INCLUSION FOR EVERYONE: ALLYSHIP

Overview

Being an ally - someone who actively supports, advocates for and uplifts others - is a powerful way to create more inclusive workplaces. We all share responsibility for building an organisation where every person feels they belong, which is a fundamental human need.

This interactive session breaks allyship down into practical, everyday actions that anyone can take to help others feel seen, heard, and valued at work.

The course covers

Why inclusive language matters, and the impact of micro-aggressions and power of micro-affirmations.

The importance of being an upstander with a practical tool for calling out non-inclusive behaviours.

A range of small, everyday actions that support people from minority and underrepresented groups.

Case studies to prompt reflection and challenge attendees to consider their response in real situations.

Details

- 4 hours duration, face to face or online
- Great when added to my Understanding Unconscious Bias course to provide an inclusive leadership programme for everyone
- Up to 20 people per session
- Key takeaway: A5 handout or online version of inclusion tips and a great conversation tool
- Includes an planning meeting of up to one hour to understand your organisation and the attendees



Suggested attendees

Team members

Leaders

Senior leaders

HR team members

Everyone in your organisation!



Please contact me to discuss running this training course in your workplace

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